



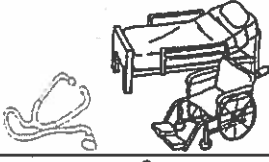





**Fact Sheet**  
**Feuille de renseignements**



**PIDAC** Provincial Infectious Diseases Advisory Committee  
**CCPMI** Comité consultatif provincial des maladies infectieuses

**Routine Practices Fact Sheet**  
**for Health Care Settings**

<b>ROUTINE PRACTICES to be used with ALL PATIENTS</b>	
	<p><b>Hand Hygiene</b></p> <p>Hand hygiene is performed using alcohol-based hand rub or soap and water:</p> <ul style="list-style-type: none"> <li>✓ Before and after each client/patient/resident contact</li> <li>✓ Before performing invasive procedures</li> <li>✓ Before preparing, handling, serving or eating food</li> <li>✓ After care involving body fluids and before moving to another activity</li> <li>✓ Before putting on and after taking off gloves and PPE —</li> <li>✓ After personal body functions (e.g. blowing one's nose)</li> <li>✓ Whenever hands come into contact with secretions, excretions, blood and body fluids</li> <li>✓ After contact with items in the client/patient/resident's environment</li> </ul>
	<p><b>Mask &amp; Eye Protection or Face Shield</b></p> <ul style="list-style-type: none"> <li>✓ Protect eyes, nose and mouth during procedures and care activities likely to generate splashes or sprays of blood, body fluids, secretions or excretions</li> <li>✓ Wear within 1 meter of a coughing client/patient/resident</li> </ul>
	<p><b>Gown</b></p> <ul style="list-style-type: none"> <li>✓ Wear a long-sleeved gown if contamination of uniform or clothing is anticipated</li> </ul>
	<p><b>Gloves</b></p> <ul style="list-style-type: none"> <li>✓ Wear gloves when there is a risk of hand contact with blood, body fluids, secretions, excretions, non-intact skin, mucous membranes or contaminated surfaces or objects</li> <li>✓ Wearing gloves is NOT a substitute for hand hygiene</li> <li>✓ Perform hand hygiene after removing gloves</li> </ul>
	<p><b>Environment</b></p> <ul style="list-style-type: none"> <li>✓ All equipment that is being used by more than one client/patient/resident must be cleaned between clients/patients/residents</li> <li>✓ All touched surfaces in the client/patient/resident's room must be cleaned daily</li> </ul>
	<p><b>Linen &amp; Waste</b></p> <ul style="list-style-type: none"> <li>✓ Handle soiled linen and waste carefully to prevent personal contamination and transfer to other clients/patients/residents</li> </ul>
	<p><b>Sharps Injury Prevention</b></p> <ul style="list-style-type: none"> <li>✓ NEVER RECAP USED NEEDLES</li> <li>✓ Place sharps in sharps containers</li> <li>✓ Prevent injuries from needles, scalpels and other sharp devices</li> </ul>
	<p><b>Patient Placement/Accommodation</b></p> <ul style="list-style-type: none"> <li>✓ Use a single room for a client/patient/resident who contaminates the environment</li> <li>✓ Perform hand hygiene after leaving the room</li> </ul>

Images developed by: Kevin Rostant