

**ST. CLAIR CATHOLIC DISTRICT SCHOOL BOARD  
POLICIES AND PROCEDURES  
SECTION C: STUDENTS**

<b>FOOD AND BEVERAGE POLICY</b>	<b>POLICY</b>
<b>EFFECTIVE:</b> 2011 09 01 / 2016 11 22	

**POLICY STATEMENT:**

The St. Clair Catholic District School Board recognizes the value of promoting healthy nutrition among students and that healthy lifestyles help to advance physical and mental well-being, growth and intellectual development.

**POLICY GOALS:**

This policy which meets and exceeds Ministry of Education Policy Program Memorandum 150; School Food and Beverage Policy, ensures a consistent, logical message is conveyed to students, parents, volunteers, guests and staff regarding foods and beverages permitted in our schools.

- A. As a result of this policy the following outcomes are intended:
  - i. Schools will become healthier places in which to learn and students will learn to make healthy nutrition choices.
  - ii. Healthier schools will lead to academic gains in student performance.
  - iii. Administration and staff will promote and support healthier food choices for students.
  - iv. School cafeterias will adhere to the Ministry guidelines in the sale of all foods and beverages.
  - v. Principals, staff, school councils, parents, and volunteers will make every effort to understand and work co-operatively to ensure that this policy is implemented as outlined and that the spirit of the policy influences their decisions and actions.
  
- B. This policy will apply to:
  - i. all events that involve students at school, regardless of the time of day or night;
  - ii. students only;
  - iii. fundraising activities;
  - iv. food that is sold or given to students. This includes breakfast programs, school lunches and special events;
  - v. extra-curricular activities, on or off site.
  
- C. This policy will not apply to:
  - i. student lunches brought from home or foods brought from home for classroom parties (i.e., birthdays and other classroom celebrations);
  - ii. educational excursions;
  - iii. staff rooms;
  - iv. community groups utilizing the school.