

# Community Nutrition Programs for Kids

## Partners

Breakfast Clubs of Canada

Breakfast for Learning

Chatham-Kent Public Health Unit

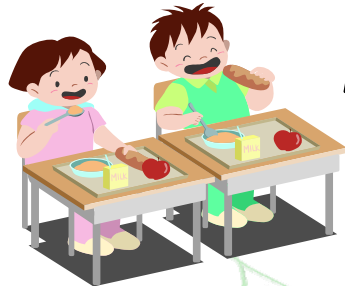
Conseil Scolaire de District des  
Écoles Catholiques du Sud-ouest

Lambton Kent District School Board

Ontario Student Nutrition Program

St. Clair Catholic District School Board

United Way of Chatham Kent



*"Giving Kids a Healthy  
Start to Their Day!"*

### Chatham Kent Student Nutrition Program

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# Chatham-Kent Student Nutrition Program



## *Eat Right Be Bright*

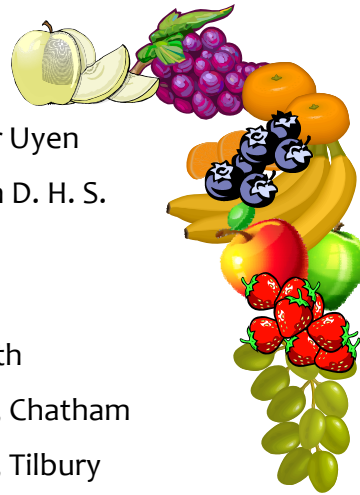
Students tell us:

*"When I get food to eat, I feel great and better inside."*

*"When I get food I feel alert and ready to learn."*



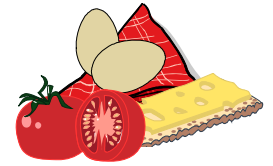
# Participating Schools



A. A. Wright	Monsignor Uyen
Blenheim District H. S.	Ridgetown D. H. S.
Chatham-Kent S. S.	St. Agnes
Christ The King	St. Anne
D. A. Gordon	St. Elizabeth
Dresden Area Central	St. Joseph, Chatham
École St. Catherine	St. Joseph, Tilbury
École St. Francis	St. Michael, Ridgetown
École St. Marie	St. Ursula
École St. Philippe	St. Vincent
École Secondaire de Pain Court	School Within a College
George P. Vanier	Step Forward Alternative Ed.
Good Shepherd	Tecumseh
Gregory Drive	Thamesville Area
H. W. Burgess	Tilbury Area
Harwich Raleigh	Tilbury District H. S.
Holy Family	Ursuline College (The Pines)
Indian Creek Road	Victoria Park Alternative Ed.
John McGregor S. S.	Victor Lauriston
John N. Given	Wallaceburg District S. S.
Lambton Kent C. S.	Wheatley Area
King George VI	Winston Churchill
Merlin Area	W. J. Baird
Queen Elizabeth II	Zone Township

# Our Vision

“No child needs to go to the classroom hungry.”



# Our Goal

The Chatham-Kent Student Nutrition Program offers a nutritious breakfast, lunch or snack, to all students in need with no barriers or discrimination.

Our 450 volunteers work diligently to provide a nutritious meal improve the learning capacity, health, and well-being of 4500 children and youth in our community.

The program provides an ideal environment for youth to learn about nutrition, social skills, and manners.

One of the basic needs of children is good nutrition. Healthy foods help them to learn and be successful at school.

The key for children is breakfast. Children who have not had breakfast for whatever reason, (working parents, early or long bus ride, finances, etc) find it difficult to make the most of their educational opportunities.

# You can help by:

- \* Hosting/coordinating a program
- \* Assisting on a committee
- \* Volunteering at a program
- \* Providing food, supplies or financial donations



# The Chatham-Kent Student Nutrition Program can help by:

- ✓ doing presentations to parent councils, school administration, and community businesses and organizations
- ✓ assisting in fundraising and grant proposal applications
- ✓ connecting programs
- ✓ providing resources

